



SD(B) NEWSLETTER

SUSILA DHARMA (BRITAIN)

AUTUMN 2005

Introducing SRADHA

Society for Research and Development of Human Abilities

This project is situated in Tamil Nadu, India. Some of you may be familiar with its original name of Bellur, which is the name of one of the three villages it serves.

SD(B) has been supporting this project for many years, and it has evolved from being a



Dr. Gurdip Aurora of SRADHA

family-run project into an NGO with a Board of Directors, and transparent accounting procedures.

The work includes various strands which aim to improve the living standards of the

rural population and includes training in permaculture (organic farming), animal husbandry, brick-making, self-help women's groups, micro-credit and health and hygiene.

This project was initiated by Mr. Ramamoorthy, and at World Congress I had the opportunity to meet his son, Ramesh, and gain first-hand information about the project.

At the beginning of 2005 SD(B) sent funds to pay off a loan on the building of a new training centre, but further funds are needed to keep the training programmes going, for which we have since received a proposal. SRADHA has raised some support from local sources especially for the micro-credit programmes, and SD Germany has also funded certain aspects, but more donations are always welcome.

Laura Lesley ●

SDIA's New Board

New Board of Directors for Susila Dharma International Association (SDIA)

The new Board for SDIA following its AGM held at World Congress is:

Sharifin Gardiner	<i>Chairman</i>
Bardolph Paul	<i>Vice Chairman</i>
Osanna Vaughn*	<i>Ex officio director (as Chair of WSA)</i>
Rifka Several	<i>Executive Director and Boardsecretary.</i>
Arnaud de Lune	
Kumari Beck	
Ariana Susanti	
Lusana Blond*	
Paloma de la Vina*	
Mardijah Simpson*	
Lawrence Fryer*	<i>Board treasurer</i>
Simon Bland	<i>Admin</i>

* *New Directors*

The appointment of the new directors was made by a vote of the SDIA members (one vote for each national SD or Subud national committee for countries with no national SD). The appointment of the SDIA chairman was made by the national delegates of WSA in the main plenary session after testing by the international helpers. Under the SDIA constitution this is how the chairman is appointed. It is intended to help ensure that SDIA remains closely linked to WSA and, while a separate legal entity, does not break away from the international Subud network. (In Britain, the link with Subud Britain is maintained by SD(B) having the same legal members as SB, i.e. the chairmen of all the Subud groups in Britain. *continued P2* ►

continued from page 1

Also, in practice, the appointment of a new chairman is always preceded by testing of candidates by the national helpers).

We welcome Sharifin as the new SDIA Chair, and hope that he will be able to attend some of our meetings. It will certainly make liaison with the SDIA Board easier for us in UK. On the new Board, there are represented English, Indonesian, French, German and Spanish speakers. This also makes it easier to communicate with the worldwide SD network.

Robert Coker

Artemisia Update

Artemisia was the topic at World Congress when Dr. Keith Lindsey gave his presentation to a crowded room of highly interested members. Keith, not a Subud member but very happy to work with us, had a slot from 7 p.m. till 9 p.m. at the Haus der Begegnung. However, as it transpired he was still answering questions at 10.45. At the Kalimantan booth in the Congress Centre I had requests from members around the world including Nigeria, Zambia, Madagascar, Ecuador, Brazil and the USA for seeds or complete Artemisia packs. The two of the latter that I had brought over went to America for application in Amazonia and to the Vivir project in Ecuador.



Ruslan Morris's project in Java

Back in Indonesia, Ruslan Morris is now seeking users for the produce of his Artemisia plantation. Some was supplied to the pilot clinical trial in Kalimantan run by IRDN (Indonesian Relief and Development Network) and Dr. Rachman Mitchell, where 40 people were treated with 100% success. Ruslan has also been approached by Mediherb in Australia for larger quantities, which he will supply as needed.

In Kalimantan, Bachrun and Daniela Bustillo are preparing for their continuation project, for which funds are forthcoming from Susila Dharma nationals such as SD Australia and SD New Zealand. The project, started in East



Timor by Imron Comey, is also proceeding well, with the continuing patronage of the President and his wife.

On 9-11 September I attended an named seminar at Bromsgrove on the subject of medicinal herbs. The other attenders were all non-Subud but exhibited the same enthusiasm we saw at Innsbruck. There were a number of doctors, some of them naturo-pathic, and they were riveted by Keith's talk and those of other experts.

These covered the wide range of Artemisia's effects on malaria and other illnesses – some cancers, HIV/AIDS and intestinal worm infestations like bilharzias. (The list is still extending; I even read in the *Times* recently that the aroma of Artemisia in tea form repels slugs in the garden – who's for a horticultural enterprise?).

continued P3

Many herbs work well in conjunction with Artemisia, and these were covered in detail by Keith and other speakers. Wonder herbs such as Neem, Aloe Vera and Moringa shared the limelight with Artemisia, but inevitably the latter was the star performer.

Sachlan North

Mixing Business with Subud

Who says scientists can't have fun?? In aid of Susila Dharma we had a great night partying with good food, music, quiz, dance performance and company at the recent Bollywood event held at a local restaurant in Canterbury – a typical Kentish house transformed into party venue!

A personal hurdle was overcome when I felt brave enough to introduce Susila Dharma to 5500 colleagues at my pharmaceutical company and the non-Subud community of East Kent.

Trivial as it may sound but my and others' religious dietary requirements were recognised and respected as Halal (Muslim equivalent to Kosher food) catering was made available by the restaurant and similarly by my company. Last year a similar Bollywood event in my company went down so well they asked me to do another, but I felt this time I would like to do it with a twist... do it for Subud and the community with help from my colleagues. Sarah Garrard, another new SD(B) board member and I opened the event with an introduction to SD sparking off interest. The restaurant was also very willing, offering the venue privately for charity with some extras creating a welcoming atmosphere. Oh, and one of the guests from global management has asked for another event later this year as an example of diversity since guests included cross-department/levels, all ages, cultural backgrounds/religions, friends/family and public!

On behalf of SD(B) I would like to thank all our supporters/contributors and hope to hear of some more SD fundraising events. If you have any ideas or would like to act as an SD liaison for your group please get in touch.
e-mail: sarah@susiladharm.org.uk

Maemunah Hasan

Treasurer's News

Firstly I would like to offer my heartfelt thanks for your valuable support for the work of Susila Dharma (Britain), without you we can do nothing.

I thought that this year, as National Congress was purely a business affair, many of you will not have attended our AGM and might therefore appreciate a brief treasurer's report.

The tables on page 4 give an overview of SDB's income and expenditure for the year ending 31/12/04 (the accounts approved at the AGM).

At first sight it looks as though we have made a massive deficit for the period, but this is due to funds received in 2003 being spent on projects in 2004.

The General fund (money not allocated for a specific project) was pretty much the same as at the end of December 2003 at £20,240.

The reduction in income is mainly due to reduced funding for the TSLICK project in Kalimantan from the Big Lottery Fund. Funding for this major project finished in March 2004. Although we continue to provide some minor support, the project seems to be on the way to being self sustaining which is most encouraging. The increase in admin charges is purely a reflection of more detailed analysis of project costs – in previous years these were included under direct charitable expenditure. If you would like full accounts for 2004, let me know and I'll send a copy – preferably by email, please, to save postage costs.

The early part of the year was dominated by the Tsunami. Members from Subud Britain raised a very generous £4,080, which we have used to help support the following projects involved in Tsunami relief work:

[The camp at Banda Aceh](#)

[Chennai, India \(via Mithra\)](#)

[To help staff costs at the clinic Ibu, Banda Aceh](#)

The tables overleaf summarise the position for the first part of the year - I'm never too sure how much people want in the way of numbers so I've kept this brief, but do get in touch if you would like more information and also if you have suggestions on how to present this better and more clearly.

continued P4

Summary of Income & Expenditure

6 months to 30 June 2005 (£)

	2005	2004
	£	£
Donations	49,224	78,659
Dividends & interest	3,871	2,572
	53,095	81,230
Charitable Expenditure	48,497	87,643
Publicity	1,346	340
Admin	1,104	2,110
	2,148	(8,863)

Grants to Projects Jan-30th June 05 (£)

Artemesia	295
Blond Trust	17,376
Congo	1,072
ICDP	6,000
Manike	4,108
Mina Clavero	1,242
Mithra	4,520
TSLICK	3,229
Other	40
SDIA	2,520
Sradha	1,820
Tsunami disaster	3,631
Wisma Mulia	2,644

Fundraising

A good way to raise extra funds for SD(B) is to recycle your spent inkjet cartridges and mobile phones. Visit www.recycle4charity.co.uk who will give us up to £1.00 for old inkjet cartridges and up to £30 for old mobiles. To get collecting envelopes, sign up on line and quote our charity number: 291818, this will ensure the results of your collections will come to us.

Making Donations

To make a donation online by secure credit card transfer – go to: <http://givenow.org> and type Susila Dharma in the quick search box.

To make a donation by post, send cheques to Susila Dharma (Britain) treasurer (address below).

To make regular donations by standing order, contact the treasurer at the address below for our bank details.

If you are a taxpayer, complete a Gift Aid Form if you have not already done so.

Remember Gift Aid remains in place on all future donations, while you are a taxpayer, so no need for a new form for each donation.

To leave a bequest - download our guide to making a will from our website.

Stephen Weil

For more details visit our website:

www.susiladharma.org.uk/howyoucanhelp.htm

or contact our treasurer: Stephen Weil

126, Doversgreen Road, Reigate, Surrey RH2 8DW

Tel: 01737 24963 treasurer@Susiladharma.org.uk

Projects Supported (£000)

