

#### (4) Wisma Mulia Retirement Home

SD(B) raised £15,794 to install an assisted bath with mobile hoist to enable all residents to bathe irrespective of how mobile they are.

**Wisma Mulia Retirement Home**  
*on-line auction of sterling silver necklace with mother of pearl pendant donated by Vivianna Bulow-Hube.*



**Bidding** is currently at £200.

See news page of website:

[www.susiladharma.org.uk](http://www.susiladharma.org.uk)

#### (5) Clear Path International

- project co-founded by Imbert Matthee in U.S. to assist victims of landmines in S. E Asia
- funds provided for vocational training programme in Cambodia

#### (6) Shkola Vera

- school for disabled children in Ukraine
- joint initiative with SD Germany & Holland
- funds provided for specially adapted minibus

#### (7) Other Activities

##### International Almoners' Appeal 2000 to 2002

- Total raised \$12190
- 90% from Britain
- 10% from Overseas

[www.susiladharma.org.uk](http://www.susiladharma.org.uk)

#### Mithra and South India trip 2004

This trip will include:

- two days at Indian National Congress (in Madras or Bangalore-still to be decided),
- time in the Mithra school and pre-school classes,
- city slum projects in Bangalore
- the rural village women's projects,
- a two-week tour of some of the spiritual and cultural sites and centres of S. India.

20 days in all, it costs £350 per person, all inclusive, (15-20% donated directly to Mithra), plus air fares.

Arrival and departure dates are quite flexible,-

**latest arrival date- Jan. 19th,**  
**earliest departure date- Feb 8th.**

Extra days' accommodation in Bangalore are easily and cheaply arranged for anyone who wants to extend the trip at either end.

See Susila Dharma changing lives, meet Indian brothers and sisters, then see some of the best of S. India in safety and relative comfort.

For details and booking, please contact Maurice Palfreyman,  
**Tel. 020 8741 3428**

E. Mail [palfreymanm@yahoo.com](mailto:palfreymanm@yahoo.com)

#### ~WANTED~ SD(B) Treasurer.

This is a way to support all SD(B) projects. We cannot continue to do so without one and Mark McElroy, who has done a sterling job for the past few years, needs to "retire" by the end of this year at the latest.

The post is voluntary but there are rich gifts:

- Mark is prepared to provide an induction period for the new Treasurer
- undertaking work of real value
- enjoy team-work
- share the privilege of trying to realise Bapak's often expressed

Vision -- that of Subud engaging in humanitarian work as an expression of the latihan in action.

Just talk to **Mark,**  
**Tel.: 01332 765135**

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#### To make donations to SD(B),

send your cheque to Mark McElroy, 6 Lothlorien Close, Littleover, Derby DE23 7RY. Donate using Gift Aid and SD(B) gains 28% extra tax relief. Cheques payable to Susila Dharma (Britain)

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**Susila Dharma (Britain) is affiliated to Susila Dharma International Association [SDIA] which assists its members to provide charitable and humanitarian aid.**

**SDIA is in consultative status with the United Nations Economic and Social Council [ECOSOC] and the International Children's Emergency Relief Fund [UNICEF]**

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# Susila Dharma expressed at National Congress

**SD(B) NEWS**

## NEW CHAIRPERSON FOR SUSILA DHARMA (BRITAIN)

After testing at Congress,  
**Laura Lesley**  
became chairperson of Susila Dharma  
(Britain).

Unfortunately, file transfer incompatibility prevents Laura's picture from appearing here, but it accompanies her message to Subud Britain in the current Number of *The Journal*.

Laura has been a trustee for the past six years, gathering considerable experience of the organisation.

She has been the key link person on SD(B) for international communications and so is well known in the wider SD.

Her commitment to and long experience of Subud, her experience of working in various roles on the SD(B) board, and her personal skills and qualities, eminently qualify her for the role of chair person.

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## SD(B) Annual Report

For those of you who were not at Congress the key points of the SD(B) report at our AGM is provided below.

## Annual General Meeting Sunday 17th August 2003

*"Guided from within to take action in the world"*

### Board & Regional Contacts

|  |                 |
|--|-----------------|
| <i>Rosemary Harrison (Chair) to March 10<sup>th</sup> 2003</i> |                 |
| Raphael Bate –   | Scottish, North |
| Robert Coker (Company Secretary)                               | Thames Valley   |
| Lorena de Silva -  | East Anglia     |
| Laura Lesley   | South East      |
| Mark McElroy (Treasurer) –                                     | Midlands        |
| Sachlan North -  | London          |
| Michael Wisnom –   | South West      |

### Mission Statement

*To stimulate and nurture initiatives by our members in Britain to undertake and support humanitarian projects anywhere in the world that empower people and are participatory, sustainable and in harmony with the local culture.*

### • Main Current Projects

#### (1) Sustainable Livelihoods (TSLICK)

We are working with the TSLICK team led by Indonesian Subud member Prof. Sajogyo to raise the livelihood levels of impoverished villages in the area north west of Palangka Raya in central Kalimantan. Sustainable Livelihoods projects include:

- Participatory Rural Appraisal (PRA)
- Fish Farming
- Forestry
- Sustainable Farming
- Animal Husbandry
- Herbal Medicine
- Soil Improvement
- Micro-Credit
- Mother and Child Program

#### (2) Mithra

**The Mithra project aims to:**

- enhance the socio-educational status of children in Bangalore
- empower through developing basic skills, creative and independent learning and through human rights education
- enable the most needy children, especially girls, to complete the education they need as confident and independent citizens in their communities.

*Mithra: Empowerment through education*

- seven pre-schools provide a foundation of basic skills for 3-5 year old children
- fourth class just started in primary school
- Raphael Bate completed fundraising cycle ride
- SD(B) funds mainly used for teachers' salaries
- Community Fund application for 5 years further support

*(Editor's note: We have just heard this has not been successful)*

#### (3) International Child Development Programmes

ICDP has developed a simple and culturally adaptable programme, based on recent research in child development that sensitises and enriches the relationship between caregivers and their children. International Child Development Programmes:

- with the help of SD(B) seed funding, UNICEF programme in Colombia reached 62,783 children
- further UNICEF funding to continue work and make video
- SD(B) has given grants for pilot programmes in Brazil and Argentina

*Contd. on back page*

**THANK YOU  
TO EACH AND  
EVERYONE  
WHO  
SUPPORTED  
US AND  
CONTRIBUTED  
TO OUR  
SDExpress  
PRESENTATION**

## Fundacion Educativa Amor



Following a very difficult period the school has stabilised. It is now led by Sebastian de los Rios, with a new executive board who are mainly Subud members. The aim of the school continues to be “educating through love and work to build peace”. As well as providing education with an enterprise focus, it also acts as a safe haven from the violence in the area for 270 children. The project is being monitored by Susila Dharma International and SD Germany, and considerable progress has been made since the crisis a couple of years ago. Costs have been cut and debts reduced, but the financial situation is still precarious. A fund raiser has been employed, and he has produced a promotional video CD (copy available from [michael@susiladharm.org.uk](mailto:michael@susiladharm.org.uk)).

The Padrinos scheme has been re-launched, with supporters pledging the £200 per year cost of keeping one child at the school. (for details see [www.susiladharm.org.uk](http://www.susiladharm.org.uk)).

SD(B) has recently started supporting the project again, with a grant of \$2,500 towards teachers' salaries, and we are happy to accept further donations from members, especially for this purpose..

## THANK YOU

We want to express our very warm thanks to everyone who contributed financially to SD(B) at Congress.

It is amazing that the personal gift of talents, time and generous spirit can raise funds that we can put to changing lives for the better.

Joint proceeds from the raffle of beautiful items, created or given by Subud members and the stall, amounted to almost £230 .



The highly gifted musicians gave SD(B) the entire takings of voluntary donations by the audiences at their two Derby proms pouring almost £330 into the coffers. So at Congress this year, SD(B) funds were boosted to a tune of almost £620.

### THE DERBY PROMS.....

*How the gifts of talent, time and love can make such a difference...*



*Lydia Leaf and Fardijah Freedman*

A group of us gathered on two occasions in the college chapel for a feast of music and poetry.

The austere hardness of the chapel benches was prihatin worth undertaking to enjoy these glorious offerings.

What gifted individuals we have the privilege of encountering in Subud! The virtuosity of the performance and the sheer beauty of sound created by Fardijah Freedman on the piano, Lydia Leaf on the flute, and Mariam Cleare on the violin



*Sofia Davey (right;) Mariam Cleare (left)*

swept away all other consciousness. Playing, as it were, with the streaming notes, Sofia Davey's beautiful voice poured out like sheer crystal. The night was immersed in harmonies and rhythms which sparked the blood into Spanish fiesta, or quietened the heart with gentleness.



*Hamilton and Laura Baillie*

The simple, haunting sound of folk music was delightfully created for us by Laura and Hamilton Baillie. The world of jazz opened its door through an effervescent performance by Gregory Gudgeon.

We were given space, too, to hear the heart-warming poetry of Julia Darling, so effectively read by Madeleine Moffatt.

The enterprise was afforded the technical expertise of Andrew Clague, Hamilton Cleare and John Warren.

The bowl at the chapel door was filled each night with the donations given by a delighted audience. What a difference two nights made!



*Madeleine Moffatt with Julia's poems*

# BAPAK'S WORDS

“You will be more humane than the ordinary person... Generosity and charity always go hand in hand with worship of God. Why is that? Because the fruit that comes from worshipping God is generosity. If you are not generous, it means either that your worship of God has not reached its target, or the way you worship is not in accordance with God’s will.

***Worship is the inner aspect of generous, compassionate actions.***

*Worship is the* ***Serving ourselves and others is the outer."***

In two workshops at Congress we explored compassion through image and word. Here are a few of the outcomes which were presented in our **Plenary Session** on Saturday morning.

## The theme was CONTRASTS

At the core were the last two lines of a poem by Tagore:

“O grant me my prayer  
That I may never lose the bliss of the touch of the one  
In the play of the many.”

It formed a background sung as a sixteen-part canon, a moving piece composed by the late Latif Freedman.

Participants composed collages from magazines, juxtaposing opposites to illustrate the two worlds of “the haves” and “the have-nots”.

These were used, along with a few other poems, to stimulate responses in verse.



Collage workshop with Raphael Bate

The gods came out today,  
looked at each other and said:  
“I am you and you are me”  
If only we knew that you, my friend, are  
also me..

What would that do for our life?  
What would you feel?  
What would you change?  
What would you keep the same?

How can you know me?  
How can I know you?

Our lives are inter-related  
But can I bear your pain?  
Share your hunger?

What will I change?  
My ability to share, love, empower,  
transform...

(Lorna Dowson-Collins)



The poor, poor soul  
Wandering helplessly thrown into  
the wilderness  
Searching,

Looking for life—  
Looking at poverty – finding  
richness;

Looking at the lane –  
watching them run.

Soul of my soul, brother of my  
brother

Sister of my child –  
mother of my father:

Give me my brother’s tears  
that he may smile

Give me my sister’s pain,  
that she may love

Give me my mother’s wounds  
so that she will not cry,

Give me my father’s anger  
that he may find sleep.

Give me the conflict in hearts  
That they may find PEACE.

(Briana French)

### Can’t wait

tomorrow is today,  
I need a glass of water  
not somewhere to play  
**can’t wait**  
for the train to come,  
they haven’t laid the track.  
someone said “tomorrow”  
will bring us what we lack.

### can’t wait

for your decision  
on what is wrong or right  
need you here this moment  
to change our dreadful plight  
**can’t wait**  
to save my children  
**can’t wait**  
to hear your plan  
**can’t wait**  
to hear your poetry  
or creative works of man.

We will soon be dying  
much sooner than we should  
and all your good intentions  
will be like rotten wood.  
(Richard Spiers)

O come thou who art within me  
Hold me in thy place  
Let me face thy face  
Let me fill thy face  
Let me fill thy space.  
Lock me not out  
And show me not my door  
for thy word is with me  
Always and forever and ever more.  
Katherine Walmsley

Hesther Bate punctuated the poetry  
with the Billy Holiday song:  
**Bitter fruits.** Both the words and  
Hesther’s ability to communicate  
the sentiments linking the song’s  
words and the images of  
disempowerment and suffering,  
filled the hall with poignancy